



Arts-Kids™

Life Skills for Youth

A Decade of Service to the Youth of Summit County

Arts-Kids and Swaner Nature Preserve Community Event

EMPOWER-KIDS

A Two Day Expressive Arts Workshop for Children ages 8-13, whose Parents Have Been Affected by Breast and Other Cancers

Dates: Saturday, Oct. 8 and 15, 2011

Time: 9:00 am to 1:00 pm

Location: Swaner Nature Preserve, Kimball Junction

How to register:

- 1) By mail: Send the attached registration form to
Arts-Kids Inc. PO Box 980365, Park City, Ut 84098
- 2) By Email: Send registration information to info@arts-kids.org
- 3) By telephone: Call 435.615.7878 Leave message with registration information and phone number

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Registration Information:

Parent / Contact Name _____

Child's name _____ Age _____

Address _____

Phone number _____

Email _____

Space is limited to 10 participants.

Arts-Kids is a 501(c)3 non-profit organization. All contributions, both cash and in-kind, are 100% tax-deductible.

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"11 years after my breast cancer ordeal, my 21 year old daughter recently shared with me how frightened she was. There was a moment when she laughed and laughed when she saw me beat at 90 degrees at the waist right after reconstructive surgery. "That was all I could do to hide my fear, Mum."

-Park City Survivor

Most Children's fears and anxieties are not adequately addressed during and after a parent's cancer treatment. "Keep things as normal as possible" is the motto for most parents during treatment. When treatment is over, "Back to normal," but nothing was ever "normal" for our children.

Through the two day **EMPOWER-KIDS** workshop, Arts-Kids hopes to promote healing in the little hearts of children who have been affected by a parent's cancer. Adult cancer survivors are empowered knowing that they are not alone. Arts-Kids wishes to create a community of caring for their children to recover from their experience with the disease. "You too?! Me, too!!" is powerful to children, too, and through our community promoting activities and healing expressive arts activities, our goal is to give their long hidden fears and anxieties a voice.

Two, half day workshops on October 8th and the 15th, from 9:00 a.m. to 1:00 p.m. will be held in Swaner's safe, caring, and natural environment. Each session will start with a nature walk and a sharing community activity. Expressive arts activities will follow. A few school counselors will be invited to participate. On October 8th, the participants will conclude the day with a sack lunch picnic on the preserve. On October 15th, parents are invited to join us for lunch to celebrate the children's newly found community of caring. Lunch will be donated by Whole Foods.

As with all Arts-Kids programs, EMPOWER-KIDS is free of charge. However, donations are greatly appreciated to continue to serve our youth community.

Contact Arts-Kids 435.615.7878 for more information.

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