

# Arts-Kids News

Volume 1, Issue 1, November 2011

Arts-Kids was founded in 1999 by Pat Drewry Sanger and uses group techniques and the expressive arts to enhance youth development and build community.

## NEWS! NEWS! NEWS!



- WIN A SOUTH AFRICAN SAFARI!! at this year's Step Up to the Plate Fundraiser in March!
- We have two dynamic young interns—Amanda Wong, an exchange student from Melbourne, Australia, and Annie Stevens of Salt Lake City—helping us with PR/Marketing and Social Media!
- Check out our new blog and Facebook site! Watch for weekly posts and stay up to date on all the new events.

Greetings Friends of Arts-Kids,

Welcome to our new newsletter! Arts-Kids, Inc. has had an exciting year, and we look forward to keeping you up to date on our happenings on a monthly basis. We are pleased to report that the Arts-Kids after school program has expanded to Wasatch County this fall, and Joann Memmott, the Art Director for the District, is spearheading the growth there. J.R. Smith and Old Mill Elementary schools are offering groups on Tuesday and Thursdays respectively for eight weeks. More than twice as many kids as could be included were clamoring to be in the program!

We are in full swing with our fall programs in Summit County and experiencing between 15 and 18 children or teens in the seven groups. We are excited to be offering a special Arts-Teens group at Park City High school meeting twice a week with students selected by the counselors. This group is a joint effort between Arts-Kids and Valley Mental Health and funded by Rocky Mountain Power, The Park City Foundation, Rotary Club of Park City and Park City High School Counseling Dept.

Remember to support Arts-Kids and other local nonprofits on 11-11-11 at [www.LivePC/GivePC.org](http://www.LivePC/GivePC.org)!

Warm Regards,

Pat Drewry Sanger

Founder, Executive Director

### NOVEMBER 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 McPolin Elem Treasure Mtn.High	2 Park City High N. Summit Elem.	3 N. Summit Middle	4	5
6	7 Park City High Jeremy R. Elem.	8 McPolin Elem Treasure Mtn.High	9 Park City High N. Summit Elem.	10 N. Summit Middle	11 Live PC Give PC!	12 Critter Camp Friends of Animals Ranch 11am-3pm
13	14 Park City High Jeremy R. Elem.	15 McPolin Elem Treasure Mtn.High	16 Park City High N. Summit Elem.	17 N. Summit Middle	18	19
20	21	22 McPolin Elem Treasure Mtn.High	23	24	25	26
27	28	29	30			

## ***Empower Kids*** A Joint Project by Arts-Kids & Swaner Nature Preserve

"11 years after my breast cancer ordeal, my 21-year old daughter recently shared with me how scared she was," says a Park City mother. Most children's fears and anxieties are not adequately addressed during and after a parent's cancer treatment. On October 8<sup>th</sup> and 14<sup>th</sup>, Arts-Kids and Swaner Nature Preserve offered EMPOWER KIDS, two half-day workshops featuring community promoting activities and healing expressive arts. After a guided nature walk on the preserve, Arts-Kids resident artist, Jennifer Prochazka lead the participants through a guided imagination process, followed by the creation of

a collage and a mask. "Children 'mask' their fear," says Prochazka, "so this activity allowed them to express their true feelings." During community circle activities and art creation, participants reflected on their experiences. Lunch was donated by Whole Foods Market to promote healthy eating habits, an integral part of cancer prevention and recovery. While support for adult cancer survivors is available, there are few services for children. Arts-Kids and Swaner Nature Preserve hope to continue to fill this much needed void.

## ***LIVE PC/GIVE PC!***

On November 11, 2011, The Park City Foundation and other local nonprofit organizations hope that every single citizen will log-on to [www.livepcgivepc.org](http://www.livepcgivepc.org) and contribute for the benefit of local charities.

"We know that nonprofit organizations enrich our lives every day, so we hope on one single day, we can show our collective appreciation by giving online," says Trisha Worthington, Executive Director of The Park City Foundation (PCF), Summit County's community foundation and a nonprofit organization.

The collaborative effort of over fifty organizations, Live PC Give PC will also offer matching grants and cash prizes to organizations. \$1 may equal \$2 or even \$3 because of incentives and prizes for organizations in need or in crisis."



## ***A Warm Welcome from Arts-Kids***

Jennifer Holm Prochazka joined us in August as Program Director. Jenn is an ardent supporter of Arts-Kids, having served as both facilitator and artist. She earned a BFA from Georgia State University and an MA in Transformative Arts from John F. Kennedy University and is a metalsmith and mixed-media artist.

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