

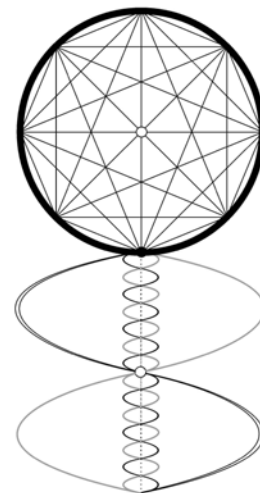
Quantum Resonance Spirituality

Introduction

Quantum resonance theory was proposed in 1999 as a possible explanation for why reality behaves as it does and why we as humans behave as we do (<https://user.xmission.com/~mkeener/qrt.html>). As proposed, the quantum resonance has been exceptionally difficult to describe and I consider my descriptions questionable, yet the essential characteristics of the quantum resonance have become clearer to me. These essentials have become my spiritual or religious beliefs and they are presented here with the hope that others may also resonate with them. Quantum resonance spirituality may be compatible with existing spiritual or religious beliefs that assume the absolute mind of God is ultimately unknowable.

[1 - Commentary added on 11 November 2024]

[2 - More commentary added on 4 December 2024 – Arriving at a limited understanding of the quantum resonance has been a learning process. Likewise, attempting to communicate this has been a learning process.]



The beliefs of quantum resonance spirituality

1. The source of all that we experience is a living, conscious and unknowable singularity. The living source is labeled the omega.

[1 - Labels are used to communicate concepts. The choice of the label may be personal. The omega has been called by many names including God, the Ineffable, or the Great Spirit.]

[2 - To clarify further, the 'is' in the second sentence applies to the context of quantum resonance spirituality. No dogma was intended with respect to labels.]

2. Any specific reality being experienced is like a dream being dreamed by the omega. That specific reality is labeled the alpha.

[1 - The omega dreams many dreams and the realities that we experience are among them. The alpha realities that each of us experience are the same to some degree and to some degree they are different.]

[2 - To clarify further again, the 'is' in the second sentence applies to the context of quantum resonance spirituality. No dogma was intended with respect to labels.]

3. The process of the omega dreaming a specific alpha resembles the holographic model; meaning, the omega may dream many possible alphas depending on the perspective.

[1 - Also, each part of a hologram contains the entire hologram.]

[2 - It is important to remember that this hologram is alive. Any alpha being dreamed by the omega also contains everything.]

4. The omega relates to dreamtime, the soul, and empathy, whereas the alpha relates to spacetime, the body, and the ego. Dreamtime manifests spacetime, the soul manifests the body, and empathy manifests the ego.

[1 - Also, each part in this process contains the entire process.]

[2 - It is important to remember that everything is alive. Any object that appears inanimate in our experience also contains everything.]

5. The omega communicates parts of itself through dreamtime, the soul, and empathy. These messages from the omega are incomplete. Messages that reflect interconnectedness reflect the omega. The most essential messages from the omega are heard in silence.

[1 - Our experiences of dreamtime, soul, and empathy may differ. Like love, empathy may mean a variety of things and it may be experienced and expressed in different ways.]

[2 - Consider the character of Spock in the film Star Trek II: The Wrath of Khan (1982). Spock did not display emotions to the best of his ability and it should be mentioned that he was half Vulcan. Despite his apparent lack of emotion, Spock sacrificed himself to save the rest of the crew because of his concern for the needs of the many. His sacrifice embodied empathy.]

6. The soul depends upon the body in order to experience a specific reality and learn from it. Given the nature of the soul, the most important lessons in life relate to empathy. Death of the body merely releases the soul from that reality.

[1 - Of course, death may be very painful for those left behind who feel that absence.]

[2 - I feel compelled to add that the loss of loved ones including animal companions has always been a painful experience for me. Death should not be trivialized.]

7. Too much empathy produces the inability to maintain healthy boundaries.

[1 - Healthy boundaries help to protect the self; therefore, such boundaries are selfish to some degree and maintaining boundaries requires an ability to be selfish to some degree.]

[2 - Empathy is contextual. There may be too much empathy in general along with a general inability to maintain healthy boundaries. Or there may be too much empathy for a select group that distorts boundaries within that group and causes a lack of empathy for others.]

8. Too much ego encourages the pursuit of power which inflates the ego, and this encourages the ignoring of healthy boundaries.

[1 - Consider the beliefs and behaviors of the narcissist who cannot respect boundaries.]

[2 - Ego is contextual. There may be too much ego in general along with a general custom of ignoring healthy boundaries. Or there may be too much ego within a select group that distorts boundaries within that group. In either case, this causes a general lack of empathy.]

9. The omega dreams the alpha and yet the omega and the alpha are one. Dreamtime and spacetime are one. The soul and the body are one. Empathy and the ego are one. We are separate and yet one.

[1 - Paradox is the fundament of life.]

[2 - The one that is also many is not a new idea. For example, consider the ancient Greek philosophers, Kabbalah, Taoism, or the implicate order and explicate orders proposed by David Bohm.]

10. The meaning of life is the exploration of new experiences therein while learning to balance ego and empathy in a healthy way.

[1 - Exploring new experiences will include the question, "What is healthy?" There is no easy answer although medicine and psychology may bear useful insight. We are here in part to discover what healthy means.]

[2 - The Holographic Universe (Talbot, 1991) was cited in The Quantum Resonance: A Theory of Life (Keener, 1999) even though I did not agree with everything in that book. Despite significant disagreement, I believe the basic implications discussed therein merit serious consideration. Consider this quote from the last chapter (Talbot, 1991): "And perhaps that is why the beings of light tell us again and again that the purpose of life is to learn. ... We are learning how to deal with the plasticity that is part and parcel of the universe in which mind and reality are a continuum, and in this journey one lesson stands out above all others. As long as the formlessness and breathtaking freedom of the beyond remain frightening to us, we will continue to dream a hologram for ourselves that is comfortably solid and well defined. ... We are, as the aboriginals say, just learning how to survive in infinity." (p. 302).]