# What to do to prevent COVID-19

- Wash hands frequently
- Maintain social distance (6' or greater)
- Wear a mask
- Sanitize when hand washing is not available

### COVID-19 POLICY

# What are the most common symptoms of COVID-19?

- Fever
- Cough
- Shortness of breath
- Decrease in sense of smell or taste
- Sore throat
- Muscle aches and pains

If you are experiencing 1 or more of these symptoms, you should stay home and not return to the office, jobsite or fabrication facility until you have a negative COVID-19 test or have quarantined for 10 days and been symptom free for a minimum of 72 hours.

# What to do if you have been exposed

- Quarantine for 72 hours, then take a COVID-19 test

### How is a close contact defined?

- Living in the same household as a sick person with COVID-19
- Caring for a sick person with COVID-19
- Exposure of fewer than 6 feet of a person with COVID-19 for 15 minutes or longer
- Exposure of fewer than 6 feet of a person

with COVID-19 and one or both
persons without a mask on
Being in direct contact with
secretions from a sick person with
COVID-19, which could include being
coughed on, kissing, sharing
utensils, etc.

#### What to do if you use commercial transportation (train, bus or plane)

- Always wear a mask
- Practice social distancing
- Wash hands frequently
- For 14 days following travel, you are required to take your temperature before entering the office, jobsite or fabrication facility
  - \* If your temperature is below 100.4 degrees, take a picture of the reading and text to Steve Winn or Debra Lawler, and then you may enter
- If your temperature is 100.4 or higher, notify Steve or Debra and remain home until you have gone 72 hours with a temperature below 100.4
- If you would prefer, you may take a

- Do not return to work until you receive a negative test result

### What to do if you receive a positive COVID-19 test

- Notify your manager
- Participate in an interview to determine close work contacts
- Quarantine for 10 days and;
- Be free of symptoms for a minimum of 72 hours, then you may return to work

COVID-19 test 72 hours after returning from your travel and if the result comes back negative, you may return to work

Questions?

Contact Debra Lawler or Steve Winn P. 801.478.8100

### **STEELENCOUNTERS**