

"Counsel with the Lord in  
all thy doings, and He will  
direct thee for good;  
yea, when thou liest down at  
night lie down unto the  
Lord, that He may watch  
over you in your sleep; and  
when thou risest in the  
morning, let thy heart be full  
of thanks unto God; and  
if ye do these things,  
ye shall be lifted up  
at the last day."

