

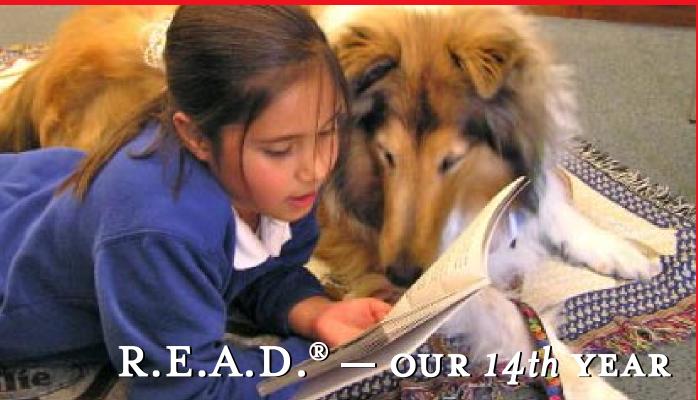
INTERMOUNTAIN THERAPY ANIMALS Quarterly

NEWS

SUMMER 2013

VOLUME XIX · No. I





Who are Intermountain Therapy Animals?

e are a human service organization, a 501(c)(3) nonprofit, headquartered in Utah, that brings the gift of animal companionship and interaction to people in need. Our mission is to enhance quality of life through the human/animal bond. Our volunteers (people and their own pets) make regular visits to those who are physically or developmentally disabled, emotionally or psychologically impaired, lonely or suffering from depression. All services are free of charge to both client and facility.

ITA therapy animals and their handlers are screened, trained, licensed and insured to participate in animal-assisted interactions (AAI), which may be either animal-assisted activities (AAA) or animal-assisted therapy (AAT). Successful teams have completed both health and temperament screening and volunteer training.

Serving our communities since 1993, we are one of the largest groups of our kind in the United States, with more than 350 volunteer teams doing animal-assisted therapy at more than 100 hospitals, counseling centers, nursing facilities, detention homes, extended care centers, and schools. Chapters of ITA now thrive in Montana, Idaho, Nevada, and Kentucky.

We are also the founders of Reading Education Assistance $\mathsf{Dogs}^{\circledast}(R.E.A.D.^{\circledast})$, a literacy support program to foster in children the love of books and the reading environment. R.E.A.D. has spread throughout the United States and beyond since we launched it in 1999.

If you would like more information about us and our work, please contact Executive Director Kathy Klotz at 801-272-3439. We welcome all who want to lend a helping paw! ♥



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ReadingEducationAssistanceDogs

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Intermountain Therapy Animals' *NEWS* is sent to all members and contributors. Please call the ITA office at **801-272-3439** if you would like to receive it, whether by mail or e-mail.

Putter and his partner ease a difficult situation

[ED. NOTE: This is a note recently received from one of the staff at the Huntsman Cancer Institute about one little boy and the value of his visit with Doug Springmeyer and his partner, Putter.]

Just wanted to take a moment to write a quick thank you. Yesterday, a single dad with a very serious cancer brought his IO-year-old son to the hospital, having driven over 8 hours one way to get here the night before, and turns out it is flu season and kids have to be I4 years old or older to visit on the floors or to be with parents during chemotherapy. So that left a very sweet little IO-year-old boy by himself in the Ist floor lobby. There are a lot of us that look after a child in this situation, but it is not entirely ideal. This particular child had been by himself for part of the morning when I went down to check on him and to hang out with him for a little while, when I saw one of your redshirted volunteers with a small dog, Putter. I asked the volunteer if Putter might visit with this child, and the volunteer went straight over and gently introduced Putter and asked if the child wanted to hold him.

Up until that point I had not made much headway in this child relaxing or talking to me but, as you can imagine, Putter and his owner put the child at ease. The boy related that, "Animals like me a lot," and asked questions about Putter, and the volunteer and the boy had a nice long conversation about Putter being a rescue dog, and about the boy's own pet; all while the child was holding the dog in his lap. This made all the difference. I took the boy up for some lunch and the volunteer offered that if Putter was still around when lunch was over Putter would visit again, which was able to happen when he returned to his Ist floor waiting area. The little boy left with a picture of Putter, and he was able to tell his dad stories about Putter, and this helped the dad feel better, too.

There really wasn't anything any of us could have said or done to help much yesterday when the boy found out he could not be with his dad for chemotherapy. It upset both -the dad and the little boy. Truly, Putter's time with the boy was a real miracle. So, many thanks to Putter and his kind and soothing owner, and to Intermountain Therapy Animals. It means the world.

Many kind regards,

Kris Nelson, LCSW

Huntsman Cancer Institute Patient and Family Support Team



ITA Team Doug Springmeyer and his partner, Putter.

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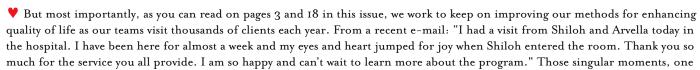
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"The PUPCRACKER" will be back for the 2013 holidays!

20 Years for our Communities

ntermountain Therapy Animals (known then as The Good Shepherd Association) was organized as a Utah nonprofit corporation in September of 1993, with 501(c)(3) nonprofit status approval from the IRS shortly thereafter.

A 20-year landmark is a good time to focus on what we have accomplished as an organization. Here are some of the highlights from our 20 exciting years:

- ♥ Our teams visit at more than 150 facilities, serving a broad spectrum of patient/client needs that range from hospital units, such as rehab, psychiatric and burn ICU, to seniors, to schools and libraries, to programs for domestic violence and eating disorders. There is simply no place that an animal is not able to be a beneficial catalyst.
- ♥ We have ITA teams in six states: Utah, Montana, Idaho, Nevada, Ohio and Kentucky.
- ♥ The R.E.A.D. program, launched by ITA right here in Salt Lake, in November of 1999, has now registered more than **4,000** therapy teams in 49 states and 8 other countries. R.E.A.D. is the original, and it remains the premier and most sophisticated model for supporting children in learning to love books and reading.
- ♥ We have over IOO R.E.A.D. affiliate groups, including formal chapters in Spain, Italy, Slovenia and more.
- ♥ Having met colleagues throughout the country at R.E.A.D. conferences and events, ITA has become a highly respected organization not only for our programs, but also for the way we do what we do. As a result, we now have 12 formally affiliated colleague groups in 7 other states (Colorado, Connecticut, Florida, Georgia, Tennessee, Texas, and Wisconsin) who use ITA's training and testing protocols. In other words, ITA has become their "Mother Ship."
- ♥ On a more local and obvious level, this past year we have given our offices an exterior upgrade, with new signage and even an awning to make it easier for people to find us. See our staff members Cindy and Lesley showing them off at right. And in January we expanded to create "The Family Dog," a training and education center in keeping with our own mission to enhance relationships between people and animals.



by one by one, are why we do what we do, and why—with the continuing support of our friends and supporters—we intend to keep on doing it for at least another 20 years.

Thank you for what YOU have done to make these moments possible.

We hope you will consider celebrating with us at "Bark After Dark!" on September 14th! See the details on the facing page.

— Kathy Klotz & the ITA Staff







Join Us to Celebrate 20 Amazing Years of ITA!



Special Guest Speaker Ann Cannon

You will recognize Ann as the author of a weekly column for the Salt Lake Tribune, or perhaps because she works occasionally in the children's room at The King's English Bookshop.

When Ann was six, she was hospitalized for kidney disease and missed a year of school, which turned out to be a blessing in disguise. She became an avid reader and gained a lifelong interest in books written for young readers. While in graduate school, Ann took an adolescent literature class that changed her life. She began writing novels for young adults and eventually won the Delacorte Press Prize for CAL CAMERON BY DAY, SPIDERMAN BY NIGHT. Since then she has published 13 more books, including, mostly recently, SOPHIE'S FISH, which earned a starred review from Kirkus.

Ann and her husband, Ken, have five sons, three daughters-in-law and two granddaughters. They live in Salt Lake City with two dogs, two cats, two parakeets and one parrot. Visit her on Facebook or at www.aecannon.com.

ITA members and fans will definitely relate to Ann's 7/23/13 column in the *Trib:* "Living with (and loving) a giant dog," her Newfie, Zora (pictured with her, above). Find it here:

http://www.sltrib.com/sltrib/home3/56618672-200/dog-cannon-ann-professional.html.csp



$\int t dy \int$ to Honor Your Animal Companions





e cordially invite you to pay tribute to your beloved animal companion(s) through purchase of a star for our Wall of Fame, to be displayed at "Bark After Dark!" on September 14th.

These lovely stars can be in honor or in memory of any animal who has blessed your life. They are a great way to recognize your animal companions and, at the same time, support Intermountain Therapy Animals. The cost is \$20 each ("\$20 for 20 years").

But even better, your gift will be MATCHED by the JEPS Foundation, so you can double your impact for ITA. We are aiming to achieve "\$20,000 for 20 years" during this challenge. As of August 1st, our challenge has already netted over \$4,000, which is a great start, but we have farther to go by September 14th!

Some of our friends have already honored 7, 10 or more of their beloved companions. But we'll be overjoyed with just ONE from each of you!

Pet's Name		in MEMORY	in HONOF
Pet's Name		in MEMORY	in HONOR
Pet's Name		in MEMORY	in HONOR
Pet's Name		in MEMORY	in HONOR

Please enter your total on the form below and mail by September 1st, or call Melissa at ITA 801.272.3439 to pay by phone.
Please e-mail pet photos to melissa@therapyanimals.org.
Thank you!

Honor Your Animals with STARS — and Help ITA Achieve \$20,000 for 20 Years in our MATCH CHALLENGE

ļ	I will help ITA win their match challlenge to achieve "\$20,000 for 20 Years." Here is my tax-deductible gift:
 	□ STARS (from above): @ \$20 ea = \$
 	□ \$25 Friend □ \$50 Supporter □ \$100 Partner □ \$250 Advocate □ \$500 Patron □ \$1,000 Benefactor □ \$5,000 The 4-Paw Circle
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You may be able to make your donation to ITA go twice as far. Check to see if your employer will match your contributions.



Intermountain Therapy Animals (#76194) participates in the Combined Federal Campaign, making it possible for all federal employees to donate to us through their workplace payroll deduction plans.



The R.E.A.D.® Program: 14 Inspiring Years

As ITA's Reading Education Assistance Dogs program approaches its 14th anniversary, we have ever more to be excited about. Now passing the mark of 4,000 therapy teams registered for the program, we have international associates in Canada,

Finland, Italy, the Netherlands, Norway, Slovenia, South Africa, Spain, Sweden, and the United Kingdom. We even have interest from that elusive 50th state,

South Dakota, and will bring a workshop there in the near future.

Since 1999

A PROGRAM OF
INTERMOUNTAIN THERAPY ANIMALS





Cesar Brand dog foods asked R.E.A.D. to be a partner to "Share the Love, Share the Stories" on their website. Cesar has contributed \$40,000 to R.E.A.D. so far (2012–2013) in honor of that partnership. Here is one of the dozens of classic R.E.A.D. stories that are featured on their website:

Abbey and I have been R.E.A.D.ing at our local elementary school for 4 years now. Sometimes we use flash cards to help kids learn sight words. We play a game with the children, showing two cards at once. If they pick the right card, they get to keep it. I have taught Abbey how to pick the "right" card, too. One day a little girl who had steadfastly refused to even try noticed that Abbey was winning all the cards, which was enough to inspire her to start learning her cards so she could play the game. She will not read for the teacher, but she will read for Abbey! Abbey encourages the children with a gentle paw on the book or a nudge. They see that she's eager for them learn to to read and doesn't care if they make a mistake. That makes all the difference.

- Yvonne, Abbey Rose's partner, in Milton, Florida





Danny the Greyhound partners with the intrepid Tony Nevett in England. Clearly, as we see at left, Danny takes his job seriously but also has fun with his kids. Tony & Danny have come to the States twice now to promote R.E.A.D. Below, Danny, is reading his own book, Danny Strikes Out in America, with a friend in lowa — and obviously it is a riveting story.



About Both Ends of the Leash

Ken Van Moorhem & Hogan

Salt Lake City, Utah

a skinny heeler mix, literally in the middle of nowhere, south of Wells, Nevada, along the Union Pacific line.

One Saturday morning in February 2008, I was working eastbound on a train for Union Pacific and, inside the Hogan tunnel, there she was again.

Because of the incline that we were climbing, it was impossible for us to stop and go back through the tunnel to get her. The thought of her still being out there—and now even longer—made me sick. I asked some some co-workers, traveling the other direction, to throw some food out to her.

I thought she might stay in one place. She had shelter and dead cows for food. My vacation was starting the next day, so I decided to go get her. I loaded up and headed west.

Getting to the bottom of the hill at the east end of Hogan tunnel was easier than I thought it would be. Then I got a call from a co-worker, Theo Basset, who had heard about where I had seen the dog and that I was going out to get her.

On their way Eastbound, Theo and Mike Goodrich had seen her, so they stopped the train and grabbed her. I arranged to meet Theo and Mike in Wendover, saving me the worst part of the trip, so I dug myself out, turned around, and headed back East to meet them. When we met in Wendover, Theo said she had let him pick her up with no resistance, had devoured his ham and cheese sandwich, and slept at his feet all the way down the hill.

When we got home I let her loose in the yard and I sat in a chair in the rain while she explored the yard, waiting for her to decide to come to me. It only took about 15 minutes for her to come over and say



hi. I spent the evening giving her a sponge bath and checking her over. Her coat looked good. She wasn't missing any fur, and she let me touch her anywhere I wanted. I didn't press my luck and stayed away from her left front leg-she was missing her foot. The next morning we made a visit to the vet to have her checked out. I expected her to have intestinal worms and probably some sort of skin disorder. I was happy to find out that her skin was clear, but the vet said he stopped counting at 16 different species of intestinal worms. She weighed in at 23 lbs. All of this I was ready for. The rest I was not: The x-rays showed massive impact damage. She had been hit hard (car, train, falling out of a truck...) and had what appeared to be a collapsed lung; her pelvis was broken in two places, her right rear leg was completely dislocated, with the ball out of the socket and riding on top of the pelvis; her rear left knee's ACL was ruptured; part of her colon had been torn loose and relocated to the wrong side of her body. The xrays also showed signs that she had gnawed off her own left front foot to escape a snare trap. The right front foot also showed an older injury of broken and healed bones, most likely also from a (Continued on page 14)

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(cont. from page 9)

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Important: If you made a donation and are not properly acknowledged and recognized above, please accept our sincere apologies. If your name should be here and it isn't, please, please contact our office (801-272-3439) so that we may make necessary corrections and recognize you on this page next time. We thank you with all our hearts for your faithful support of ITA and animal-assisted therapy!



Thanks to all those who contributed to ITA during this first-ever statewide campaign:

Victoria I. Bennett, Nancy Brooks, Beverly Cooper, Marcia Dibble, Janelle Evans, Karla K. Gunnell, Lynne Kerr, Dayna Mueller, Charlene K. Smith, Adele Swenson, Robin Wilks-Dunn, Pearl A. Wright, and Vicki Elizabeth Zollinger.

ITA's Donors & Supporters 2012 - 2013

Thank you! ITA is committed to promoting and enhancing the human-animal bond, and we could not do it without the generous donors who are making all our accomplishments possible. Following are all gifts received from July 1, 2012 through August 7, 2013.

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(Continued on facima page 8)

Anne Elizabeth Williams

Brook & Mel Williams



Goodbye & Godspeed

RETIRING:

Bayley & Little

Newfoundland partners of Tara Warren of North Ogden, UT

Holly

Goldendoodle partner of Brenda Gulliver of Park City, UT

0 Mattie

Yellow Lab mix partner of Cherie Groll of Sandy, UT

Merlin

Black Lab partner of Kimberly Gettinger of Park City, UT

Rudy

Shih Tzu partner of Diane Dofelmeir of Heber City, UT

Carly

Yellow Lab partner of Ashley Agrelius of Draper, UT

Chowder

Portuguese Water Dog partner of Lynne Kerr of Salt Lake City, UT

Riddick

Chocolate lab partner of Jesse Bennett of Idaho Falls,

ID

Chica Diva

Border Collie partner of Vicki Lee of Columbia Falls, MT

Selah

Black Lab partner of Wendy Wilson of Belgrade, MT

Dolly

Classic Mix partner of Debra Close of Belgrade, MT

0

Baker

German Shepherd partner of Melissa Wolf of Bozeman, MT

Britton

Irish Water Spaniel partner of Holly Bauman of Ogden,

UT

Annabelle

Herding Mix partner of Karen Duncan of Salt Lake City, UT

0

Heart

Black Lab partner of Alicia Crandall of Ogden, UT

Bruzer

English Bulldog partner of Lynn Long of Draper, UT

Timmy

Border Collie partner of Diane Oblock of Richmond, UT

Lucky

Golden Retriever partner Nancy Schafner of Salt Lake City, UT

Cayman

German Shepherd partner of Jan Perkins of Sandy, UT

Indy

German Shepherd partner of Kathy Murray of Salt Lake City, UT

Daisy

Yellow Lab partner of Bob Albrecht of Layton, UT

Max

Golden Retriever partner of Deanna Allred of Salt Lake City, UT

DECEASED:

Flora

Newfoundland partner of Raymond Gunn of SLC, UT

Tiger

Basset Hound partner of Marge Thomas of Salt Lake City, UT

> 0 Abby

Golden Retriever partner of Mark & Tammy Robertson of Ogden, UT

Gabbie

Golden Retriever partner of Eileen Ambrose of Salt Lake City, UT

Karin Ross

of Cottonwood Heights, UT

Dyna

Irish Wolfhound partner of Jill Bryson of Hailey, ID

Ridge

Golden Retriever partner of Jan Owens of Sandy, UT

Rosa

Black Lab partner of Anne Diekema of Logan, UT

Brutus

Great Dane partner of Heather King of Salt Lake City, UT

Boomer

Golden Retriever partner of Sarah Brooks and Nat Grainger of Park City, UT

Cookie

Guinea Pig partner of Amanda Walton of Salt Lake City, UT

Sam

Portuguese Water Dog partner of Norma Disz of Clinton, UT

0

Ben

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Cracker

West Highland Terrier partner of Jacquie Persons of Bozeman, MT

Murphy

Great Dane partner of Tennille Mendez of Salt Lake City, UT

Tucker

Golden Retriever partner of Ron Barness of Salt Lake City, UT

Shafer

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Brittany Spaniel partner of Judy Curtin of Ogden, UT

Zoey

Boxer partner of Melora Wood of Taylorsville, UT

Bette

Lab Mix partner of Pam Scarpelli of Salt Lake City, UT

0 Mable

Sheltie partner of Autumn Ennis of Fromberg, MT

Patches

Golden Retriever partner of Deb Graber of West Jordan,

UT

Bijou

Bichon partner of Margaret Buntine of Salt Lake City,

UT

Hope

Husky mix partner of Faye Alexander of Idaho Falls, ID

Mica

Standard Poodle partner of Linda Pierce of Bozeman,

МТ

Judi Harris

Longtime ITA handler of Park City, UT

høre is always a goodbye hovering in the shadow of a dog's life.

— Jon Katz

Recognition & Memorials

Gifts to Honor & Remember

In CELEBRATION of . . .

Beau, Ann's new potential partner Ann & Sandy Coleman

In MEMORY of . . .

Bear, companion of Kyle Chandler & DeAnne Ashford

Ellen Neelands

Ben, ITA partner of Pat Hemingway
Tim, Candace, Matt & Nate

Bluff

Susie & Elliot Hulet

Buck, Standard Poodle partner of Ann Coleman

Myra H. Anderson Ann & Sandy Coleman

Chloe Woods-Ward

Lauren Daugherty / James H. Woods Foundation

Dyna, Irish Wolfhound partner of Jill Bryson of Hailey, Idaho Connie Sharkey

Josie Hardy, a very special R.E.A.D. dog with the Saginaw Paws to Read Program

Kaki, Sophie & Simon Almirall

Jack Hoffman, my neighbor who always carried dog biscuits for his furry friends Shirley May May

Hope, my ITA ITA partner Faye Alexander

Hope Faye's dog who dedicated her life to helping others and making people happy, and to support all the other dogs who follow in her pawprints Betsy Holmes

Sharon Gail Johanson, mother of Amy Newell

Rebecca Davis & the SIS Admissions Team Sandra Goldberg & Robert Hairgrove and Daryl Goldberg Jean & Bud Graber

Michael Jorgensen Samantha Kaderabek, on behalf of UL FPD

Bonnie Lofquist Emil Misichko Nailor Industries, Inc.

Tanya & Jim Oleson Chuck Schneider Liz & Jerry Summers Joanie & Greg Tastad Nicole & Sean Terman

Kamikaze Kitty and Lucy Luna Laurel Romero

Helga Keller William York

Cathy Larsen Sandi Martin

Curt Lipke

Air Vent and Solar Group

(Brian Lipke) Ron & Kathy Aoki

Pat & Wendy Backman

Jan & Brandon Egan

Gibraltar Industries Joanne Kresovich

Carmen & Patti Menza

Loretta & Robert Miller

Linda Mulkey

DJ & Laurie Priano

Rob Reese

Lucy & Kenneth Smith

William Lohmar, Sr., who was a true dog lover

Mel Gillispie

Malibu

Amy Osborne

Joseph Martin

Ella Nagy

Millie, Julia Soukup's lover dog

Shirley May May

Normandie, , in loving memory

Kathryn Thompson

Kim J. Ono

J.D. Endo

Sophie Almirall, an extraordinary

R.E.A.D. dog

Kerry Hardy

Ellen Southwick

Pamela & John Berman

Steve Pletting

Howie, Darlene & Sadie

Brandt

Stubby

Radha Moldover

Sugar

Tom & Mari Lowe

Tea, R.E.A.D. dog of Rita Hasel

Sandi Martin

Toshi, partner of Kathy McNulty

Kate & Jon Haugh Sandi Martin

Sarah

Freddie Ussery

Joyce Worley and her Grandson

Shirley May May

In HONOR of . . .

Bentley and Ada, my R.E.A.D. Dogs Nan Duerling

Chance Bender, the best rescue dog EVER!

Cindy & Mike Bender

Leslie Brandt, in support of the ITA Bozeman Chapter's work at Bozeman Deaconess Hospital

Angela Keeton

Gwen & Art Brock, on their special birthdays

Eileen & Jerry Kaplan

Dawn & Kim Cook

Mark Harman

Pat Hemingway's Birthday

Tim & Candace Dee

Martha & Bill Scott

Joan & Howard Faust Project 3 program

Nancy Andrews

Gina Fisher
Victor Reichert

Jean Glaser, for training me to treat my diabetic cat

Jeri Bott

The work of Raymond Gunn & Flora

(Avalon's Magnolia Grandiflora) Kathryn Lindquist & James Moore

Julia & Gary Youngblood

Linda Hanson & Hokie Christine Bachmann

Judy Hershkowitz

Mary Hershkowitz

Lily Rose, partner of Lynne Hanson Anonymous

ITA youth detention programs

1A youth detention progi

Mary Taylor

ITA Teams Jerry Jessen & Riley, Jenny Woods & ___, for visiting with my father, Darell H. Stewart, at the Manila Country Home in Pleasant

Grove, UT Cindy L. Harris

Elizabeth Kerling

Rachel Westbrook

Sandi Martin, Zelda & Kermit

Ella Nagy

Monique Milius & Marty Jensen's wedding

Mary Jo & Arthur Broom Susan & Skip Daynes

Mark Stimpson Kass & Brent Wood Kay Miller & Dusty

Mary Marshall

Donna Ölsen & Ralph Morelli's marriage, 5/18/13

Anne Elizabeth Williams

Our Precious Pets, Past and Present Anonymous

Panda Bear

Sheila & Martin Gelman

Chris Pellegrino

Sheila & Martin Gelman

Rocky

Barb & Ron Stevens

Anne Quick & Too Tall (for R.E.A.D.)
Chappaqua (NY) Public

Library Pooch Sedwick

Pat & Ray Sedwick

Pookha, my R.E.A.D. Dog

Wendy Hitch

The R.E.A.D. Program

Lindsey & Brock Hutchison (see Lindsey's note at right)

Simba

Tiffany White

Doug Springmeyer & Putter

Donna Arrigo and Colleagues, on Doug's Retire-

ment Sherry Underwood

ierry Onderwood

Apogee Instruments
Kristi Urban, "1,000 Wishes"

American Express Charitable Foundation

Rosemary York

William York

On BEHALF of . . .

Zack Baker

Anonymous

California

Bonnie Gregory

Dee

Nick Vanderweit Gambies

Margaret Conover

Peggy Hollingsworth Sandra Walthall

Our Mom

Anonymous

Becky Omdahl — Happy Birthday!

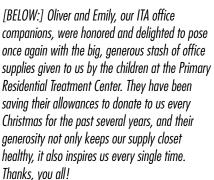
Denise Dreher

Falley ITA Out and About





These are the teams who were the biggest winners and biggest losers at ITA's 5th annual PAWS IN THE ALLEY Bowl-a-thon on March 24, 2013. But it's pretty hard to tell the difference since everyone was having such a good time.







[ABOVE:] It's always a treat for ITA to be the designated recipient of a Utah Cyber Sluts bingo night adventure! This was last October, and the host(esse)s enjoy the therapy dogs as much as we enjoy them!

[AT RIGHT:] Terri Davis and her daughters Kaylin and Leah have the singular distinction of not only three teams in one household, but their partners are ALL therapy cats! They came to our annual Celebration of Volunteers on February 13th adorned like their favorite species!



[ABOVE:] ITA Director Kathy Klotz (right) got to spend a few days in June cruising East Texas with the leaders of our three ITA affiliates there: JoAnn Russell, Paws4Love, Wendy Hoffer, Montgomery Pet Partners, and Diane Carpenter, Huntsville Pets Helping People — plus, not least, JoAnn's new pup, Suzie.







[ABOVE:] A much-appreciated display of THANKS to our ITA teams from the staff at Salt Lake Regional Hospital.

[ABOVE RIGHT:] Four young ladies from Girl Scout Troop #762 came into the ITA offices to spend an afternoon folding brand new ITA t-shirts and bandanas. Therapy Basset George Chudd, Peggy's partner, made the tasks a bit easier. Clearly, a good time was had by all! We're grateful to these kids for their helping hands!











CLOCKWISE FROM LEFT: (1) A big congratulatory hug between ITA Volunteer Coordinator and Pupcracker Director Colleen Baum, with Sister Dottie S. Dixon, our Pupcracker host and narrator. (2) Allison Strong & Jack (who played the Nutcracker Prince), Sister Dottie, Susan Daynes & Diva (who played Clara), Vicky Hall and Zuzu, after the sleigh scene. (3) Abby Woolley & Naomi, two of our brightest and most talented young stars.

Both Ends of the Leash (cont.)

Ken and Hogam (Continued from page 8)

snare trap. She also has a few broken teeth. There is no way to say for sure when all these injuries occurred. They were obviously not years old, but certainly more than a few weeks old, most likely happening when she was left on her own in the desert.

She went into surgery on that Thursday, to fix the ACL and clear the way for the hip and dislocated leg repairs. The surgery went well but she was not clotting as well as the vet would like. While this was not a big concern, he said that she was "kind of messy." Luckily he was able to massage the ball back into the hip socket to avoid a surgery there. They also decided that the pelvis was healing well enough that there would not be a need to re-break and reset it. But we weren't done yet: We also found out that her lung, while not collapsed, was severely damaged, causing chronic bronchitis, and her lungs were mucus-filled, resulting in a scary hacking cough.

We have run various tests and consulted with several vets during the time that Hogan has been with us to see if we could do anything about the cough. Unfortunately her lungs are just too damaged.

I had decided to name her Hogan, after the tunnel she was living in. I found out, talking to fellow co-workers, that many had been throwing food out to her whenever and wherever they would see her. We were able to determine that





she had been out there for about six months.

In July last year, Hogan and I were at the Memory Grove dog park where she was hopping around when a guy named James Knackstedt saw her and stopped to watch her go through her paces. He started by asking what happened to her

and then started to look closely at her leg. He said he was a prosthetist at Shriners Hospital and that he would like to try to make a prosthetic for her. So... a few weeks and emails later, Hogan and I found ourselves on the lawn at Shriners with James making a mold of her leg. At this point Hogan and I went through the process of getting approved to volunteer at Shriners (we had been tested by ITA a few months earlier). I thought Hogan's attitude about her own disability could be an inspiration to the kids there.

About two weeks later James called to say Hogan's prosthesis was ready. We went to Shriners and met him in the lobby. Hogan's first response to her new foot was to try to shake it off but, failing that, within seconds she was walking around the lobby. Since that day she has learned to get around quite well on her new foot and she wears it whenever she leaves the house. For the first time I saw her go off the trail to explore the hillside at Memory Grove!

- Ken Van Moorhem

[ED. NOTE:] Ken was right about Hogan being an inspiration to the kids and families at Shriners. At left above, one of Hogan's clients is especially tickled to see that their prosthetic devices almost match! And the family at left below nominated them to receive Channel 2's "Pay it Forward" award, and they were on TV to receive it on October 24th last fall. The award included a \$500 stipend to support Hogan's expenses.

Each of our 300+ ITA therapy teams is absolutely unique, since all the people and animals bring to their volunteer practice an endless kaleidoscope of ages, sizes, breeds, backgrounds and talents.

What about you and your companion animal? If you think you both might enjoy volunteering with ITA, providing animal-assisted therapies at one of the more than 150 facilities we visit, call us to learn more:

801,272,3439

Good (News) About Dogs



Honoring the Dogs of War

There have been countless thousands of dogs who have aided the military efforts of our country and many others for almost as long as we humans have waged war against one another. They became official in the U.S. during WWII. Despite their courage and devotion, and heroic actions which have saved many a life, their treatment has often not been repaid in kind. One of the wholesale tragedies occurred at the exodus of the U.S. from Vietnam, when almost all dogs were abandoned as "military equipment," and left behind to face who knows what end.

There have also been many campaigns to enlighten the rest of us about this phenomenon, and to push for, at the very least, some kind of memorial to the dogs of war.

Those who have partnered with these dogs know their value; as reported by Melba Newsome in *Parade* on July 28, 2013:

"In late 2005, Sgt. Maj. Chris Moyer and his unit were on patrol in Iraq's Westrn Euphrates River Valley when his canine soldier companion, Valco, detected an enemy sniper lying in wait with an AK-47. The enemy fled into a thick palm grove and the dog gave chase, locating and holding the combatant at bay. But then the trapped sniper opened fire on Valco, killing him instantly.

"For Moyer, the loss was profound. He had spent three years as Valco's handler, with the two deploying together numerous times and rarely separated back home. 'It's very difficult to lose a dog,' says Moyer. 'But he did what he was trained to do. When Valco died, he saved our lives in the process.'"

Fortunately, awareness is growing and efforts to recognize their contribution are gaining traction. There was a wonderful piece about how these dogs are trained on "60 Minutes" this past season. Several memorial statues have begun to appear, including those at March AFB in California, the Infantry School at Ft. Benning, Georgia, and in Holmdel, New Jersey. The latest was unveiled at the Airborne and Special Operations Museum in Fayetteville, North Carolina, near Fort Bragg, to honor dogs with the Special Operations Forces (SOF) who have been serving in Iraq and Afghanistan.

Today over 2,000 working dogs serve in U.S. military operations around the globe. Some of these canine soldiers who have received recognition for their valuable contributions include a dog named Remco, for charging an insurgent's hideout in Afghanistan, and a Belgian Malinois named Cairo who participated in the raid that killed Osama bin Laden. Still, the vast majority go unheralded by the military.

If you are interested in learning more about these heroic working dogs, there are several sites to explore:

- · www.wardogs.com
- · www.uswardogs.com
- · www.militaryworkingdogadoptions.com
- · www.vet.utk.edu/wardog
- wardogsmakingithome.org

We who are lucky enough to live with dogs know they appreciate loving companionship, high quality food and care, and a job to do more than statues or publicity. Still, this increased awareness is a start toward making sure that war dogs are treated with greater respect in the future.

- Kathy Klotz

"As our civilization advances, if our follies permit it to advance, I feel sure we will realize that progress can be measured only by the quality of life—all life, not human life alone."

- Charles Lindbergh (in a speech in 1972)

Good (News) for Both You and Your Dog

Walking Improves Outcomes

[ED NOTE: This is a physician talking to other physicians.]

In a new study (published in the Journal of Clinical Oncology in January 2013), investigators identified 2,300 people with invasive, nonmetastatic colorectal cancer and measured how much exercise they got before and after their diagnosis. This is fascinating data, showing that those people who were more physically active both before and after their diagnosis of colon cancer had much better outcomes.

These patients needed only a minimum 8.75 MET (metabolic equivalent) hours of recreational exercise per week, or the equivalent of 150 minutes a week of physical activity—basically, walking. So, I often prescribe a dog for patients because they will have to walk their dog. Insurance won't cover that, by the way. We have tried.

If you engage in that much physical activity before and after [a colon cancer diagnosis] the risk reduction [in all-cause mortality] is 0.58. That is better than any chemotherapy we have ever given to anyone. Physical activity after diagnosis, and certainly pre- and post-, is better, but even if you just pick it up afterwards, you will have a significant improvement in outcome. If you are a couch potato and do not exercise, your risk goes the other way, to risk escalation, with a 1.36 hazard ratio [for all-cause mortality].

Exercise should be an important part of every discussion that we have with patients with colorectal cancer. I think the same type of data is available in breast cancer. Whenever I have finished with adjuvant therapy in a patient, I give them this talk. I prescribe the dog and make sure they exercise. I know my colleagues around the country do this as well. You need to harp on patients: "Now is the time for intensive physical activity. You always said that you wanted to get in shape. Well, now is a good time to do it, and with good reason, because the magnitude of benefit of the physical activity may be, in fact, greater than the magnitude of chemotherapy."

The next time you find yourself in one of those difficult conversations with patients who have stage 2 colon cancer and want chemotherapy or something additional, perhaps recommend exercise instead. Better benefit, maybe, than chemotherapy.

Go and get yourselves some Nikes instead of chemotherapy.

John Marshall for Medscape

REFERENCES

- I. Morikawa T, Kuchibal A, Lochhead P, et al. Prospective analysis of body mass index, physical activity, and colorectal cancer risk associated with ?-catenin (CTNNBI) status. Cancer Res. 2013;73:1600-1610. Abstract
- 2. Campbell PT, Patel AV, Newton CC, et al. Associations of recreational physical activity and leisure time spent sitting with colorectal cancer survival. J Clin Oncol. 2013;31:876-885. Abstract

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And What About Seeing in Color?

ogs DO see colors, but not as many as we can see. And the colors they see aren't as rich, either. If you throw a tennis ball in the grass, the yellow color makes it easier for YOU to see against the green. Not so for your dog, who could find a blue tennis ball much more easily if she had to use her eyes to find it.

Which she won't, since she'll sniff it out before she sees it.

Dear Kathy, Susan & Diva,

Thank you so much for presenting on Intermountain Therapy Animals to our VIP group of visually impaired seniors on October 11th. We were all very moved by the work your therapy teams do. Each member of the group commented on how much they enjoyed today's presentation and left wearing a great big smile!

Thanks again,

Lisa Ord, PhD and Lynn

Director, John A. Moran Eye Center University of Utah Health Sciences Center



I thought I'd share with you my observation this year in ITA, as a new member.

When Hope and I volunteered in Search and Rescue (SAR) for II years, we would put in over I,300 hours each year in training and rescues. 90% of the time was spent on training, so in any one year and we helped maybe a dozen people on an actual rescue or recovery.

But in ITA we spend I-3 hours per week on therapy visits (@I56 hours per year). In just one visit to the hospital, we manage to help 20-30 people including the nursing staff. In our short time with ITA this year, we have brought smiles to many more people than we have in all the years belonging to SAR.

When I got Hope as a puppy in 2000 my only focus was on helping people with my dog. But now I see in 2012 that ITA helps many more people than most organizations.

Thank you for allowing me the privilege to belong to such a rewarding organization. You and your staff are always so supportive.

Sincerely,

Faye Alexander and Hope



On making a recurring monthly gift:

"So, every month a little love will go to someone who needs it. I love therapy animals and the unconditional love they give to others, just like you."

Lacole & Kim Phillips Sarasota, Florida Dear Kathy & ITA,

We had to let Sugar go this past Saturday. Her arthritis and disc problems were taking away her ability to walk. She was 14-1/2. We shed many tears. In memory of her, and our thanks to all of you for a wonderful experience, we are sending you this check.

I think it was 8 years ago that she was able to start work with Lydia's patients at Aspen Ridge. Tom and I received so much enjoyment from that volunteer job.

ITA is such a wonderful organization and I'm sorry we probably will not be involved again. We spend such a short time in Salt Lake now.

All of you put so much effort into ITA that it has become a marvelous organization. Our thanks and gratitude go with this card and check.

Mari

Mari (& Tom) Lowe Edina, MN and Sun Valley, ID



On our wedding day, June 30, 2012, we asked our guests to place tokens in jars for one of the causes we selected as meaningful to us. This idea was in lieu of wasteful wedding favors. For each token, we gave \$1 and also accepted donations. We had four jars, and one of them was for the R.E.A.D.* Program. This effort is very important to Brock, as he works in a public library and has a huge heart for dogs. Please accept this donation to further your initiatives. Thank you for the work you do.

Lindsey & Brock Hutchison Heath, Ohio



October 26, 2012

Dear Peggy,

I want to take this opportunity to express my sincere gratitude to you, ITA, and your volunteers for coming to see our students here at McGillis. You continue to make such a wonderful impression on our students and our community. We are so grateful. The work you do in healing and strengthening the bond between humans and animals is so very important. Please let me know if I can ever be of help to you. Thanks so very much.

Sincerely,

Josh Goldberg McGillis School, Salt Lake City

April 17, 2013

Dear Kathy,

I don't know if you remember me, or the story, but let me take you back to a little over a year and a half ago. I called you frantically from American Fork Hospital asking for someone to visit my dad in the hospice unit. I was from Orange County, California, and have two Australian Shepherd Therapy Dogs myself and our connection was made.

I hadn't seen my dad or talked to him in over 35 years and was trying to do anything I could to make him comfortable. I learned one thing real fast: I got my love of animals from him.

Thanks to our conversation, someone from ITA came out to visit him after I left to go home to California, which absolutely made one of the remaining days of his life meaningful. After your team left, my dad apparently kept talking about the amazing dog that came to visit him! I did not even know all this until recently, and for that I want to thank you!!! Because of you and your team, my dad got exactly what he needed—dog love. Until he passed away the next day, he kept talking about the dog that came into the hospital to see him.

As a fellow therapy dog owner and understanding the dynamics of the entire situation, I want to thank you from the bottom of my heart for your generosity at a crucial and pivotal time in my fathers and my family's life.

With warmest thank yous,

Holly Orzol



April 26, 2013

I would like you to know how much I enjoy the story of therapy animals that plays on BYU-TV. I have watched it maybe a dozen times and recommend it to others as an uplifting message. Every time I "see" something I have not "seen" before.

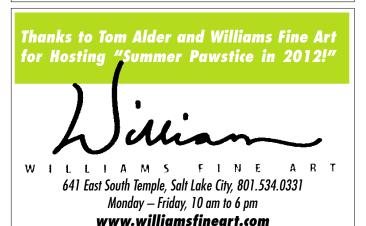
I am so glad the volunteers bring this special healing gift to patients and families. You all are a blessing to humans and animals.

Thank you,

Patti Hogan









Professional Daycare, Lodging and Grooming

The Dog Lodge takes a different approach to dog care. We know how important your dog is to you, so we've created a home-style atmosphere that is fun, safe and comfortable. While you're away, your dog will meet and play with new friends or just sit and relax while snuggling-up with our attentive staff. Because we take a limited number of dogs, your dog will receive the personal attention you can't give him while you're away.

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For complete details, go to **www.vehiclesforcharity.org**, or call

1-866-628-CARS (2277)

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 Free Title Services
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Utah Charities Golf Challenge

Intermountain Therapy Animals is pleased to have been chosen as one of the charities to receive funding from the 2013 Utah Charities Golf Challenge, sponsored by the Utah Families Foundation and hosted by U.S. Senator Orrin Hatch and his wife, Elaine. This year the tournament will be held at Jeremy Ranch Golf & Country Club on August 18-20th. We will be there on the golf course during the Challenge! Other related events will be held at the Grand Summit Hotel at Canyons Resort. Thank you, Utah Families Foundation!

The Facilities and Programs We Serve

Intermountain Therapy Animals team volunteers are currently participating in animal-assisted interactions (AAT or AAA), including R.E.A.D. programs, at the following facilities:

UTAH - SALT LAKE AREA

Affinity Hospice / SLC Alta Ridge of Holladay Alta View Hospital / Sandy Anderson-Foothill Library / SLC (R.E.A.D.) Aspen Ridge Rehabilitation Center (Rehabilitation therapies)

Benchmark Hospital / Woods Cross (Adolescents in Residential Treatment Program for Drugs and Violence and R.E.A.D. program)

Boys & Girls Clubs of Midvale (R.E.A.D.) Canyon Creek Assisted Living / Sandy Canyon Rim Academy / SLC (R.E.A.D.)

Canyon Rim Care Center (short- and long-term care) Care Source Residence (Hospice care)

Children's Center / SLC (Treatment Center) Chateau Brickyard / SLC

Columbus Community Center / SLC Copper Hills Youth Center / West Jordan (residential treatment)

Copperview Elementary / SLC (R.E.A.D.) Crossland Rehabilitation / SLC

Garden Terrace / SLC

HealthSouth Rehabilitation Hospital / Sandy (Long-term Rehabilitation)

Heritage Place / Bountiful (Seniors) Highland Care Center / SLC (Senior Care) Highland Cove Retirement Community / SLC Hillcrest Care Center / Sandy (Senior Care) Holy Cross Ministries (R.E.A.D.) Hope Center for Children / SLC Intermountain Medical Center / Murray Jackson Elementary / SLC (R.E.A.D.) Jordan Valley Hospital / West Jordan (Med Surg) Juvenile Justice Services / SLC (Observation &

King's English Bookshop / SLC La Europa Academy - Girls' Residential Treatment / SLC Lakeview Hospital / Bountiful (Senior Psych Unit) LDS Hospital (IHC) / Rehabilitation Services Learning Services / Riverton (Adult Males with Longterm

LifePath Hospice

Mt. Olympus Rehabilitation / SLC (Rehabilitation Services)

Observation & Assessment, Boys' Unit / Salt Lake City (Adolescents in juvenile detention)

Observation & Assessment, Girls' Unit / Salt Lake City (Adolescents in juvenile detention)

Our House / Sandy (Assisted Living)

ParkLane Senior Apts. / SLC (retirement housing) Pioneer Valley Hospital / WVC

Primary Children's Hospital (IHC) / SLC (Inpatient Rehabilitation Services)

Primary Children's Residential Treatment Center (IHC) / SLC (Children With Emotional and Abuse Issues)

Recovery Ways Treatment Center / SLC

Riverton Library / Riverton (R.E.A.D.)

RHA Community Services / SLC

Ronald McDonald House / Salt Lake City

Salt Lake City Libraries / SLC (R.E.A.D.) Salt Lake County Libraries (R.E.A.D.)

Salt Lake County Youth Services

Salt Lake Regional Medical Center / SLC

Sandy Regional Medical Center

The Sharing Place / SLC

Shriner's Hospital for Children / Salt Lake City (Children Undergoing Orthopedic Procedures)

South Davis Community Hospital / Bountiful (Long- and Short-term Rehab)

South Valley Sanctuary / West Jordan (Woman & Child Center)

Snowbird Mountain School / Alta TURN Community Services / SLC TURN Community Summer Camps University of Utah University Hospital (Rehab Services, Burn ICU, MedPsych Unit and Surgical Waiting

University of Utah Neuropsychiatric Institute (Adult and

Child Units) Utah Cancer Specialists / SLC

Utah Guardian Ad Litem's Office / SLC

Utah School for the Deaf & Blind / Connor Street (Children With Multiple Disabilities)

Utah State Prison / Women's Inpatient Unit Utah Youth Village / Murray (Foster and group homes) Veterans Hospital / SLC (Rehabilitation/Hospice/Care Center)

The Wentworth at East Millcreek

UTAH - PARK CITY AREA

Elk Meadows Assisted Living / Oakley Heber Valley Medical Center Jeremy Ranch Elementary (R.E.A.D.) Old Mill Elementary School / Heber (R.E.A.D.) Park City Medical Center

Emeritus Estates Assisted Living / Ogden Gardens Assisted Living / Ogden George E. Wahlen Veterans Home / Ogden Girls Independent Living / Ogden Heritage Park Care Center / Roy (Alzheimer's Patients) Highland Park Elementary / Clearfield (R.E.A.D.) Holt Elementary School / Clearfield (R.E.A.D.) Logan Regional Hospital / Logan Manor Care / Ogden McKay-Dee Hospital (IHC) / Ogden (Transitional Care, Psychiatric, Oasis Program and Rehabilitation Units)

Mount Oaden Junior High / Oaden Mountain Ridge Assisted Living / Ogden Mountain View Health Services / Ogden North Ogden Jr. High (R.E.A.D.)

North Park Elementary (R.E.A.D.) / Roy Rocky Mountain Care / Clearfield (Assisted Living) Logan Nursing & Rehab / Logan

Utah Schools for the Deaf & Blind / Harrison Blvd., Ogden (Children with Multiple Disabilities)

Vista Care Hospice / Ogden Wasatch Care Center / Ogden



Parley's Park Elementary (R.E.A.D.) Peace House McPolin Elementary (R.E.A.D.) Park City Library (R.E.A.D.) Rocky Mountain Care Center / Heber Summit County Library (R.E.A.D.) Timpanogos Intermediate School / Heber (Special Education) Wasatch High School / Heber (Special Education)

UTAH - OGDEN / LOGAN

Archway Youth Service Center / Ogden Aspen Behavioral Center / Syracuse Aspen Care Center / Ogden (Assisted Living) Behavioral Health Institute / Ogden (Acute Care and Day Treatment)

Canyon View School LIFE Program / Ogden CAPSA / Logan (Domestic violence shelter) Centro de la Familia / Providence (Center for families) Chancellor Gardens / Clearfield (Assisted Living) Christmas Box House (Children in care of state services) / Oaden

Clearfield Flementary (R.F.A.D.) Coalville Library (R.E.A.D.) Country Pines Retirement / Oaden Crestwood Care Center / Ogden Davis Behavioral Health - Crisis Recovery Unit / Layton H. Guy Child Elementary (R.E.A.D.) / Ogden

Washington Terrace Elementary / Ogden (R.E.A.D.) Waterfall Canyon Academy / Ogden (students with cognitive disabilities) Weber County Library / Ogden (R.E.A.D.) Weber Valley Detention Center / Ogden Willard Elementary / Willard (R.E.A.D.)

UTAH - UTAH VALLEY AREA

American Fork Hospital Center for Change /Orem (Eating disorders) Courtyard at Jamestown / Provo Golden Living / Orem (Senior care) Summerfield Manor / Orem (Assisted living) Utah Cancer Specialists / Provo Utah Valley Regional Medical Center / Provo Rocky Mountain Hospice / St. George

Willow Glan Health & Rehab / Brigham City

MONTANA

Absarokee Elementary (R.E.A.D.) Aspen Pointe / Bozeman Bear Creek Respite / Bozeman Belgrade Public Library (R.E.A.D.) Big Sky Ski Patrol / Big Sky Big Sky Youth Center / Bozeman Birchwood Retirement / Bozeman

Bozeman Deaconess Hospital (cancer treatment center, dialysis unit and surgical waiting room) Bozeman Health & Rehab / Bozeman (Retirement, re-hab) Bozeman Lodge (Retirement) Bozeman Public Library (R.E.A.D.) Churchill Retirement Home / Manhattan Fagle Mount Camp / Bozeman Edgewood Vista (Retirement) Emily Dickinson Elementary (R.E.A.D.) / Bozeman Epicenter / Bozeman Gallatin County Health Dept. / Bozeman (immunization clinics for kids) Gallatin Gateway School (R.E.A.D.) Gallatin County Rest Home / Bozeman Hawthorne Elementary School (R.E.A.D.) Head Start (R.E.A.D. programs) Highgate / Bozeman (retirement home) LaMotte School (R.E.A.D.) Longfellow Elementary (R.E.A.D.) Missoula Public Library (R.E.A.D.) Monforton School / Bozeman (R.E.A.D.) Morningstar Elementary (R.E.A.D.) / Bozeman Mountain View Care Center / Bozeman Parkhaven Retirement / Bozemar Quaw-Heck School (R.E.A.D.)

REACH Homes for Developmentally Disabled Adults

Shields Valley Elementary / Willsal (R.E.A.D.

Springmeadows Assisted Living / Bozeman

Whittier Elementary (R.E.A.D.) / Bozeman

Sourdough Montessori (R.E.A.D.)

IDAHO

Riverside Assisted Living

3B Juvenile Detention Center / Idaho Falls Bridgeview Estates (long-term care center) / Twin Falls Cassia Regional Medical Center / Burley Eastern Idaho Medical Center (EIRMC) FIRMC Behavioral Health Center Fairwinds - Stone Creek / Idaho Falls Hansen Public Library (R.E.A.D.) Harwood Elementary (R.E.A.D.) Jefferson Elementary (R.E.A.D.) Larsen-Saint Public Library / Preston (R.E.A.D.) Snake River Juvenile Detention Center / Twin Falls Southern Idaho Learning Center / Twin Falls Twin Falls Public Library (R.E.A.D.)

NEVADA/CALIFORNIA

Camp Care, Camp Lotsafun & MDA Camp / Reno Incline Village Elementary (R.E.A.D.) Marvin Piccolo School / Reno (R.E.A.D.) Nevada State Dept. of Corrections / Carson City Plains Regional Medical Center Tahoe Forest Hospital / Truckee Washoe County Public Library (R.E.A.D.) / Incline Village

KENTUCKY/OHIO

Hospice of Hope / Maysville Mason County Detention Center Ohio Valley Manor / Ripley



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N O N • P R O F I T

ASSOCIATION SERVING UTAH'S CHARITABLE COMMUNITY

ITA is a member of the Utah Nonprofits Association. We were in the first tier of organizations that accepted the UNA's Standards of Ethics for Nonprofits in 2002, and, through ITA Board resolutions, we have been recertified every year since then.

If you would like to know more about the Standards of Ethics and what they mean in ITA's practices, please call Executive Director Kathy Klotz at any time and she will be happy to tell you about it.

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