

Herbs, Bugs & Barnacles

*A picture album of an antique collection of 84
samples from an old Montana pharmacy, (circa
1920)*

By Merry L. Harrison, RH (AHG)

Alphabetical Listing of the Contents of the Herb Boxes

(This is an alphabetical listing of the contents of the herb boxes. Misspellings are intended as they reflect the accuracy of what is hand written on the boxes.)

Acacia - Dried, gummy exudation from the stem of the branches of acacia.

Aconitum - Dried, tuberous root of *aconitum Napellus*

Agar - Dried muscilagious substance extracted from *Gelidium Corneum* or other species

Alkanna - Dried root of *Alkanna tinctoria*

Althea - Dried root of *althea officinalis*

Anisum - Dried, ripe fruit of *Pimpinella anisum*

Aspidium - Partially peeled rhizome and stipes of *Dryopteris Filix-mas*

Auyantii Amari - Dried, rind of unripe fruit of *citrus Arantium*

Auyantii Dulcis - Fresh, outer rind of ripe fruit of *citrus Arantium*

Ayoca - Dried, ripe seed of *ayoca Catichu*

Belladonna - Dried root of *atropa Belladonna*

Bucho - Leaf of *Barosma Serratilfolia*

Cactus Grandiflorus - Fresh, succulent stem of wild-growing *selenicerous graniflorus*

Cambogia - Gum/oleo resin of *Garcinia Henburyi*

Capsicum - Dried, ripe fruit of *Capsicum frutescens*

Cardomomi Semen -Dried ripe seed of *Elattaria Cardemomun*

Carum - Dried, ripe fruit of *Carum carui*

Caryophyllus - Dried flower buds of *caryophyllus aromaticus*

Cetaceum - Waxy substance obtained from the head of the sperm whale

Cera Flava - Purified yellow wax obtained from honey comb

Charcoal - Residue from the destruction of various organic matter

Chandrus - Dried, bleached plant of *Chandrus crispus*

Cocculus - Dried, ripe fruit of *Anamirta Cocculus*

Coccus - Dried fimali insects enclosing the larva of *caccus cacti*

Cocillana - Dried bark of *Guarea Rusbyi*

Colchici Cormus - Seed of *Colichum autumnali*

Colchici Semen - Dried, ripe seed of *Calchicum autoumnale*

Colocynthis - Dried pulp of unripe, but fully grown *citrullus colocynthis*

Coriandum - Dried, ripe fruit of *coriandum sativum*

Crocus - Dried stigma of Spanish Saffron

Delphinium - Dried, ripe seed of *Delphinium Ajacis*

Eriodictyon - Dried leaf of *eriodictyon Californium*

Gentiana - Rhizomes and root of *Gentiana Lutea*

Glycyrr Hiza - Dried rhizomes and roots of *Clycyrrhiza glabra*

Hematoxylon - Wood of *Hematoxylon campeehiorone*

Hyoscyamus - Leaf with or without tops of *Hyoscyamus Niger*

Ipecacuanha - Dried rhizomes and roots of *Caphealis Ipecacuanha*

Jalapa - Dried, tuberous root of *Radix Jalapae*

Juniperus - Dried, ripe fruit of *juniperous Communis*

Karaya Gum - Dried gum of *Cochlospermum Bossypium*

Lavendula - Dried flowers of *Lavendula spica*

Limonis - Outer rind of fresh, ripe fruit of *Citrus Medica*

Lobelia - Leaves and tops of *Lobelia inflata*

Mentha Piperita - Leaves and tops of *Mentha Pepperita*

Mentha Viridis - Leaves and Tops of *mentha spicata*
Nux Vomica - Dried, ripe seed of *Strychnosel Nux Vomica*
Physostigma - Dried, ripe seed of *physostigma Venenosum*
Pilocarpus - Dried leaflets of *Pilocarpus Jaborandi*
Pinus Alba - Inner bark of the white pine; *pinus strobus*
Plantaginus Semen - Dried, ripe seed of *plantago psyllum*, *plantago arenaria* or *plantago ovate*
Podophyllum - Rhizomes and roots of *Podophyllum Peltalum*
Pomegranate - Dried bark, stem or root of *Punica Grantum*
Poplar - Closed winter buds of *Populus balsomifera*
Pyrothari Flores - Dried flower heads of chrysanthemum
Quassia - Heart wood of *Quasia Amara*
Quillaja - Peeled bark of *Quillaja saponaria*
Resina - Solid resin of *pinus Palustris*
Rheum -Dried rhizomes and roots of *Rheum officinale*
Ricinus - Dried, ripe seed of *Ricinus communis*
Sanguinary - Rhizomes of *Sanguinaria Canadonsis*
Senna - Dried leaflets of *Cassia Senna*
Santalum Album - Heart wood of white sandalwood tree
Santalum Rubrum - Heart wood of *Pterocarpus santalinus*
Sarsaparilla - Dried root of *smilax aristolochiaef* or *smilax medica*
Senega - Dried root of *Polygala Senega Linne*
Serenoa - Partially dried, ripe fruit of *Serenoa SerVulata*
Serpentaria - Rhizomes and roots of *A. Serpentaria*
Tragacantha - Dried, gummy exudation of *Astragalus Gummiifera*
Ulmus - Inner bark of the slippery elm tree; *ulmus fulua*
Zea - Corn silk, fresh styles and stigmas of *Zea Mays*
Zingiber - Ginger, dried rhizomes of *Zingiber officinale*



Acacia, Aconitum, Agar, Alkanna



Althea, Anisum, Aspidium, Auyantii Amari



Auyantii Dulcis, Ayoca, Belladonna, Bucho



Cactus Grandiflorus, Cambogia, Capsicum



Cardamomi, Carum, Caryophyllus, Cetaceum



Cera Flava, Charcoal, Chondrus, Coccus



Coccus, Cocillana Bark, Colchici Cormus, Colchici
 Semen



Colocynthis, Coriandrum, Crocus, Delphinium



Gentiana, Glycyrrhiza, Hematoxylon, Hyoscyamus



Ipecacuanha, Ephedra, Eriodictyon, Foeniculum



Jalapa, Juniperus, Karaya Gum



Lavendula, Limonis Cortex, Lobelia, Mentha Piperita



Mentha Viridis, Myristica, Nux Vomica, Physostigma



Pilocarpus, Pinus Alba, Plantago, Podophyllum



Pomegranate, Poplar Buds, Pyrothari Flores, Quassia



Quillaja, Resina, Rheum, Ricinus



Sanguinary, Senna, Santalum Album, Santalum Rubrum



Sarasparilla, Senega, Serenoa, Serpentaria



Merry Lycett Harrison is a trained, clinical herbalist and a professional member of the American Herbalists Guild. She received her training in 1998 through an intensive course of study with Michael Moore of the Southwest School of Botanical Medicine and has an herbal practice in Salt Lake City.

Her broad view of herbalism led her to complete the Master Gardener Program, and to also study ethnobotany at the Baca Institute of Ethnobotany and the science of essential oils at Purdue University.

HerbalGram (#55), the Journal of the American Botanical Council, and the **Journal of Utah Archaeology** (2003) have published feature articles on Merry's research on the botanical parts of a 500 year old Native American Bundle from southern Utah called the Patterson bundle.

Merry has written a monthly herb column for Catalyst Magazine, Salt Lake's monthly magazine for health and the arts. Catalyst also ran her column, Creekside Observer, about the wild and natural world surrounding her home on Millcreek. She has been a guest on radio and television programs that inform the public about botanical medicine.

She teaches classes in medicinal and culinary herbs, herb gardening, and leads summertime herb trips in the wild. She was a faculty member of the Myotherapy College of Utah and taught classes through Utah's Red Butte Garden, the Utah Museum of Natural History and the University of Utah.

Merry currently teaches classes through the Granite Peaks Community Education program.

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