# Herbs, Bugs & Barnacles

# A picture album of an antique collection of 84 samples from an old Montana pharmacy, (circa 1920)

By Merry L. Harrison, RH (AHG)

#### Alphabetical Listing of the Contents of the Herb Boxes

(This is an alphabetical listing of the contents of the herb boxes. Misspellings are intended as they reflect the accuracy of what is hand written on the boxes.)

Acacia - Dried, gummy exudation from the stem of the branches of acacia.

Aconitum - Dried, tuberous root of aconitum Napellus

**Agar** - Dried muscilagious substance extracted from *Gelidium Corneum* or other species

Alkanna - Dried root of Alkanna tinctoria

Althea - Dried root of althea afficinalis

Anisum - Dried, ripe fruit of Pimpinella anisum

Aspidium - Partially peeled rhizome and stipes of Dryopteris Filix-mas

Auyantii Amari - Dried, rind of unripe fruit of citrus Arantium

Auyantii Dulcis - Fresh, outer rind of ripe fruit of citrus Arantium

Ayoca - Dried, ripe seed of ayoca Catichu

Belladonna - Dried root of atropa Belladonna

Bucho - Leaf of Barosma Serratilfolia

Cactus Grandiflorus - Fresh, succulent stem of wild-growing selenicerous graniflorus **Cambogia** - Gum/oleo resin of *Garcinia Henburyi* **Capsicum** - Dried, ripe fruit of *Capsicum frutessens* Cardomomi Semen - Dried ripe seed of Elattaria Cardemomun **Carum** - Dried, ripe fruit of *Carum carui* **Caryophyllus** - Dried flower buds of *caryophyllus aromaticus* **Cetaceum** - Waxy substance obtained from the head of the sperm whale Cera Flava - Purified yellow wax obtained from honey comb **Charcoal** - Residue from the destruction of various organic matter **Chandrus** - Dried, bleached plant of *Chandrus crispus* **Cocculus** - Dried, ripe fruit of *Anamirta Cocculus* **Coccus** - Dried fimali insects enclosing the larva of *caccus cacti* Cocillana - Dried bark of Guarea Rusbyi **Colchici Cormus** - Seed of *Colichum autumnali* **Colchici Semen** - Dried, ripe seed of *Calchicum autoumnale* **Colocynthis** - Dried pulp of unripe, but fully grown *citrullus colocynthis* **Coriandum** - Dried, ripe fruit of *coriandum sativum* **Crocus** - Dried stigma of Spanish Saffron **Delphinium** - Dried, ripe seed of *Delphinum Ajacis* Eriodictyon - Dried leaf of eriodictyon Californium Gentiama - Rhizomes and root of Gentiana Lutea Glycyrr Hiza - Dried rhizomes and roots of Clycyrrhiza glabra **Hematoxylon** - Wood of *Hematoxylon campeehiorone* Hyoscyamus - Leaf with or without tops of Hyoscyamus Niger **Ipecacuanha** - Dried rhizomes and roots of *Caphealis Ipecacuanha* Jalapa - Dried, tuberous root of Radix Jalapae Juniperus - Dried, ripe fruit of *juniperous Communis* Karaya Gum - Dried gum of Cochlosparmum Bossypium Lavendula - Dried flowers of Lavendula spica Limonis - Outer rind of fresh, ripe fruit of Citrus Medica Lobelia - Leaves and tops of Lobelia inflata Mentha Piperita - Leaves and tops of Mentha Pepperita

Mentha Viridis - Leaves and Tops of mentha spicata Nux Vomica - Dried, ripe seed of Strychrnosel Nux Vomica Physostigma - Dried, ripe seed of physostigma Venenosum Pilocarpus - Dried leaflets of Pilocarpus Jaborandi **Pinus Alba** - Inner bark of the white pine; *pinus strobus* Plantaginus Semen - Dried, ripe seed of plantago psyllum, plantago arenaria or plantago ovate Podophyllum - Rhizomes and roots of Podophyllum Peltalum Pomeganate - Dried bark, stem or root of Punica Grantum **Poplar** - Closed winter buds of *Populus balsomifera* Pyrothari Flores - Dried flower heads of chrysanthemum Quassia - Heart wood of Quasia Amara Quillaja - Peeled bark of Quillaja saponaria **Resina** - Solid resin of *pinus Palustris* Rheum - Dried rhizomes and roots of Rheum officinale **Ricinus** - Dried, ripe seed of *Ricinus communis* Sanguinary - Rhizomes of Sanguinaria Canadonsis Senna - Dried leaflets of Cassia Senna Santalum Album - Heart wood of white sandalwood tree Santalum Rubrum - Heart wood of Pterocarpus santalinus Sarsaparilla - Dried root of smilax aristolochiaef or smilax medica **Senega** - Dried root of *Polygala Senega Linne* Serenoa - Partially dried, ripe fruit of Serenoa SerVulata Serpentaria - Rhizomes and roots of A. Serpentaria **Tragacantha** - Dried, gummy exudation of Astragalus Gummifera **Ulmus** - Inner bark of the slippery elm tree; *ulmus fulua* Zea - Corn silk, fresh styles and stigmas of Zea Mays **Zingiber** - Ginger, dried rhizomes of Zingiber officinale



Acacia, Aconitum, Agar, Alkanna



# Althea, Anisum, Aspidium, Auyantii Amari



# Auyantii Dulcis, Ayoca, Belladonna, Bucho



# Cactus Grandiflorus, Cambogia, Capsicum

Cardamoni Semin Carum Caromay Dried ripe Froit of Carom Caros Ac. Vol. oil. Dried riger sud of riaca A.C. Val ail Ink. Br. to pala Long winkled, Arm. Cypeul tosta - plasont cool ner stimulent a arometic comments 7-lavoring agent Caryophyllus MSP. Clova Dried Flower bods of Cetaceum usp Coryophy//us aronaticus OCE= UNAX Ponded Flower Buds Spermaceti Way substance abtein first the head of the sperm what odor- charactoristic A.S. Volotile oil Use Source of ail of Clove Shyster macrocyphalus wht revery transles only stalling fraction Faint own clove aromatic agente. Mets -42° + 53° C A.S. - City of d'almital Met - back for curates Met - back for curates a cinto Prip- Ros Water curat. and analysis in tothachy drops.

# Cardamomi, Carum, Caryophyllus, Cetaceum



# Cera Flava, Charcoal, Chondrus, Cocculus



# Coccus, Cocillana Bark, Colchici Cormus, Colchici Semen



# Colocynthis, Coriandrum, Crocus, Delphinium



### Gentiama, Glycyrr Hiza, Hematoxylon, Hyoscyamus



# Ipecacuanho, Ephedra, Eriodictyon, Foeniculum



Jalapa, Juniperus, Karaya Gum



# Lavendula, Limonis Cortex, Lobelia, Mentha Piperita



# Mentha Viridis, Myristica, Nux Vomica, Physostigma



# Pilocarpus, Pinus Alba, Plantago, Podophyllum



# Pomegranate, Poplar Buds, Pyrothari Flores, Quassia

STH. Soop Bosk N. 7 Eng-QuillAJA Resina Preled Bark of Quillage Rosin Seponaria oc- Cut a brokin Pieces Outer Sur Zacz yellowish Dray to purplish form Over not charge terishic Tasta - acrid Colophon V Rolid vision of pinus Palustris a other spicus after distilling Vol. 01/. A.S. Rosin Vol. 01/. AI: NOSIN Drug, angular. light n Drid amber colored Brittle - transformt Odor & Jost ilse Terpintra Cala Rosin Droy bacase of atim perpendica din come placture d'ante -Prop. Detergent-stornutotory use-Shompoo imulafying agent for terpentine lineme Ricinus Costor oil seed) R Heum U.S. P. Castor bean V Eng. Rhubarb the dried ripe sead of The article Alfe Sead of Ricinus Communis. Glossy a brittle Ground to reddish from with with B/k spots & lines Toste - oily a gerid AS - fixed oil Syn. Rhuberd Root Dried vhizomes a roots of Rheum officinate A.C. Emodin Theotonnic acid Prop. long transverse-Powderd as cubes ect. Hard & moderately Non-moting castor oil Purgativa Georg\_ obor- promatic tasta - bitter a astringent 2654 - Purgotive - socondary action Costringent.

### Quillaja, Resina, Rheum, Ricinus



# Sanguinary, Senna, Santalum Album, Santalum Rubrum



# Sarasparilla, Senega, Serenoa, Serpentaria

tragacantha tragacanth - UL MUS NZ Syn- Slipping Elm. Ehn back INNer bork of Ulmus Fried gummy excelation of astragalich summ-INNer lock of Ulmus Zolus Occurs - os mistor of cut a sand pincas, or scut A sand pincas A of slabs because it pincas or scut pincas or scut pincas or scut pincas or scut pincas over - distinct t ast - sweet mucileginous A o muscilage link, nother species. c. Sum. A.C. Sum Flattened twisted Newly Color Less & horry tragments Fracture - Shot 9007 - Distinct Taste - Mucilaqueres 2401 - Rill Exterption t d Demulcent PreP- Mucilage - trache O.L.T. Cocculus Cocculus Sun Fist Jerry, Indian Borry Cocculus I Udinis A.C. mucilage demulsent timellind P. 4. Priel Ripe Four; Berry PicroToxin Picp Prop. Persont inde Hat Postag Policolis Novemin - stopity tich Zed Corn silk) Zeo Corn Silly Frish styles + stig mis at 200 Mays manue of English Laing tiloment of a lightgen Yellow, light brown. odor - slight. tasta - slighty sweet A. C. Train did light X Zingiber 26.5.3 Eng-Ginger Syn-Josnoico Ginger 2. S. P. Syn. Damarca unger Dried Rhizomes 22 Zingiber Officinale (outr costical layers usually removed) PioR = Mixture of branched ProR - Mixture of branched vhizomes & broken Proces - completely Pro led Lyragular branched Odor = Barcedh aromatic taste - or antic a pungent Stimulant Use - Havor Corminative A. C - Tosin - Fixed oil. uni - Vivrotie Prop. 21.Er. Elivir A.C. - Volatile oil

### Tragacantha, Ulmis, Zea, Zingibar



Merry Lycett Harrison is a trained, clinical herbalist and a professional member of the American Herbalists Guild. She received her training in 1998 through an intensive course of study with Michael Moore of the Southwest School of Botanical Medicine and has an herbal practice in Salt Lake City.

Her broad view of herbalism led her to complete the Master Gardener Program, and to also study ethnobotany at the Baca Institute of Ethnobotany and the science of essential oils at Purdue University.

**HerbalGram** (#55), the Journal of the American Botanical Council, and the **Journal of Utah Archaeology** (2003) have published feature articles on Merry's research on the botanical parts of a 500 year old Native American Bundle from southern Utah called the Patterson bundle.

Merry has written a monthly herb column for Catalyst Magazine, Salt Lake's monthly magazine for health and the arts. Catalyst also ran her column,Creekside Observer, about the wild and natural world surrounding her home on Millcreek. She has been a guest on radio and television programs that inform the public about botanical medicine.

She teaches classes in medicinal and culinary herbs, herb gardening, and leads summertime herb trips in the wild. She was a faculty member of the Myotherapy College of Utah and taught classes through Utah's Red Butte Garden, the Utah Museum of Natural History and the University of Utah.

Merry currently teaches classes through the Granite Peaks Community Education program.

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