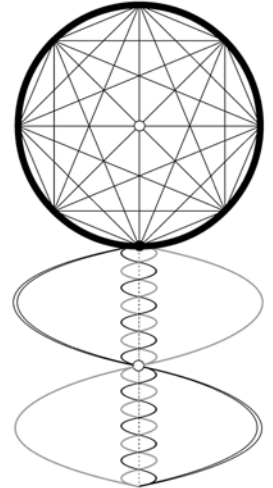


# Quantum Resonance Spirituality

## Introduction

Quantum resonance theory was proposed in 1999 as a possible explanation for why reality behaves as it does and why we as humans behave as we do (<https://user.xmission.com/~mkeener/QRT.html>). As proposed, the quantum resonance has been exceptionally difficult to describe and I consider my descriptions questionable, yet the essential characteristics of the quantum resonance have become clearer to me. These essentials have become my spiritual or religious beliefs and they are presented here with the hope that others may also resonate with them. Quantum resonance spirituality may be compatible with existing spiritual or religious beliefs that assume the absolute mind of God is ultimately unknowable.



## The beliefs of quantum resonance spirituality

1. The source of all that we experience is a living, conscious and unknowable singularity. The living source is labeled the omega.
2. Any specific reality being experienced is like a dream being dreamed by the omega. That specific reality is labeled the alpha.
3. The process of the omega dreaming a specific alpha resembles the holographic model; meaning, the omega may dream many possible alphas depending on the perspective.
4. The omega relates to dreamtime, the soul, and empathy, whereas the alpha relates to spacetime, the body, and the ego. Dreamtime manifests spacetime, the soul manifests the body, and empathy manifests the ego.
5. The omega communicates parts of itself through dreamtime, the soul, and empathy. These messages from the omega are incomplete. Messages that reflect interconnectedness reflect the omega. The most essential messages from the omega are heard in silence.
6. The soul depends upon the body in order to experience a specific reality and learn from it. Given the nature of the soul, the most important lessons in life relate to empathy. Death of the body merely releases the soul from that reality.
7. Too much empathy produces the inability to maintain healthy boundaries.
8. Too much ego encourages the pursuit of power which inflates the ego, and this encourages the ignoring of healthy boundaries.
9. The omega dreams the alpha and yet the omega and the alpha are one. Dreamtime and spacetime are one. The soul and the body are one. Empathy and the ego are one. We are separate and yet one.
10. The meaning of life is the exploration of new experiences therein while learning to balance ego and empathy in a healthy way.